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About the Author: Kris Gethin is Welsh bodybuilder from Wales in United Kingdom, who is known for being the first lifetime natural drug-free bodybuilder. He has

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Hrithik roshan launches your best body book |

May 08, 2013 Hrithik Roshan launched a book titled The Bodybuilding.com: Guide to Your Best Body by Kris Gethin in Mumbai. For more, Log On to: www.indiaglitz.com

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